# Does Active Learning Work? A Review of the Research

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Adams State University Alamosa, CO

Active Learning in Organic Chemistry cCWCS Workshop, Atlanta 7 – 8 PM, Monday, June 12, 2017.

### **Think-Pair-Share**

### What is Active Learning?

Think individually and write down your answer. Pair with a person sitting next to you. Share your ideas.

# What is Active Learning?

### THE GREENWOOD DICTIONARY OF EDUCATION

John W. Collins, Nancy Patricia O'Brien

#### active learning

The process of having students engage in some activity that forces them to reflect upon ideas and upon how they are using those ideas. Requiring students to regularly assess their own degree of understanding and skill at handling concepts or problems in a particular discipline. The attainment of knowledge by participating or contributing. The process of keeping students mentally, and often physically, active in their learning through activities that involve them in gathering information, thinking, and problem solving. (dsm, bba)

Collins, J. W., & O'Brien, N. P. (2011). The Greenwood dictionary of education. Greenwood.

# **Key features of Active Learning**

Instructor goes from **lecturer** to **learning facilitator**.

Students take on more **responsibility** for their learning.

Active learning leverages how people learn best.

# **Bloom's Taxonomy**





# **Forms of Active Learning**

- Problem-Based Learning (PBL)
- Process Oriented Guided Inquiry Learning (POGIL)
- Peer-Led Team Learning (PLTL)
- Flipped classes
- Just in Time Teaching (JiTT)
- Game Based Learning
- Clickers
- Concept Maps
- Think-Pair-Share

Automotive and a second

### LEARNER-CENTERED *Teaching*

FIVE KEY CHANGES

Maryellen Weimer

Committee Material

# Why Active Learning?

- Learning involves the **active construction** of meaning by the learner.
- Individuals are more likely to learn more when they learn **with others** than when they learn alone.
- Learning facts and learning to do something are two different processes.



Weimer, M. (2002). Learner-centered teaching: Five key changes to practice. John Wiley & Sons.

### Is Active Learning Effective?

# **Is Active Learning Effective?**

Many studies, small *N*s



### Contradicting results, non-significant findings

Study 1

HALUK ÖZMEN, GÖKHAN DEMÍRCÍOĞLU and RICHARD K. COLL

A COMPARATIVE STUDY OF THE EFFECTS OF A CONCEPT MAPPING ENHANCED LABORATORY EXPERIENCE ON TURKISH HIGH SCHOOL STUDENTS' UNDERSTANDING OF ACID-BASE CHEMISTRY

Received: 7 April 2006; Accepted: 28 June 2007

p = 0.000

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According to constructivist learning theory, materns begin studying actience, nor an 'blank alater', but bring to the classroom or laboratory a variety of ideas of , and experiences with, studied phenomenal that may influence their ability to anderstand different science concerpts (Cabla & Locols, 1998). (1942). Educational research suggests that student's world views about accientific phenomena, as well as often being different to the accience comemous views, may interfere with student's learning of other accience (commonly reference to an anderst aberrative conceptions: a tacit recognition that these views and ideas are logical, semible, and valuable from the student's pair of views, even if they differ from acception accientific views (Otmen, 2004; Pakan, Tranguet & Waldry, 2005). Research indications that these being and the server across different the students that the set of the student are interest as uncertain different and the student barries are being and different acception. The Interaction of Verbal Ability with Concept Mapping in Learning from a Chemistry Laboratory Activity

Study 2

MARK 5. STENSVOLD Division of Education, Indiana University at Kokomo, Kokomo, IN

JOHN T. WILSON



In his discussed by several authors (Shorehon, 1974, Presce, 1975, Satou, 1990). Diagram systems have been employed by at least free group of researchers in an effort to investigate how students construct and integram incorpts (Novak, 1979, Quillan, 1994), Champagne et al. (1991). These method hes here been useful in describing the structure of knowledge of a subject transition in indicating a student's interest presentation of a stud of a subject transition in a indicating a student's interest.

Research has shown a relationship between related concept mapping and adversement. However (1992) found that all is snorein paragoing periodical success on an adversement test samong students in a colling robust measures class. In that study as a significant difference in a short student test student and all benefits and thereas the students of the student student (1985) bound that students who scored at slips benefit on end-of-student struct short short glass benefits. A base three students robust periodic advection students and the student student of a base three students robust periodic and students and the students and students and of his students students of the concept maps they made.

At least three studies report performance differences due to student use of concept maps. Novak, Gowin, and Johansen (1983) describe a study where seventh and eight grade students leastered to use and apply the tool in a six-mouth trial. They found that students who had been taught concept mapping made more "valid

### Study 3

The Concept Map as an Advance Organizer

Marvin Willerman Northeastern Illinois University, Chicago, Illinois 60625

Richard A. Mac Harg Chute Middle School, Evanaton, Illinois 60202

Abstract



Schools are priorarly interned in students being afte to incorporate messingful material into their comparise structure (Anneld & Robinson, 1999). This is formation, because humans are significantly better afte to showled and statio meaningful harming data on the loaning, a handle (1985) possible into meaningful integring and the structure (1994). The structure of the applied to developing a source may may be the distribution of the applied to developing a source may may be determined and the source of a developic (1994). The software have does not a particular studied and of the loanest of the structure of the device that visually represent the loanest-load interacting in structures.

Concept mapping his been recommended for not is courses in physics and iterature (Marxini, 1953), chemistry (Norad, 1964), noclogy and compare mained instruction (Heinen-Pry, Cowerds, & Norad, 1964), norading (Sadd, 1964) and social and desserved (Norad), and the state of the state of the state of the state (Wasse, 1986), Although its use is recommended by many writes, there have been relatively for research studies which evaluated the use of concept mapping at the elementary and secondary stochol levels. The results of the few studies which have been carried our an contradictory.

Novak, Gowin, and Johanson (1983) reported that given proper instruction in concept mapping a student of any ability level could construct a concept map. In an Conceptual Change Strategies and Cooperative Group Work

Study 4

in Chemistry

Patricia A. Basili



p = 0.04p = 0.11p = 0.01

Due of accent, research attention to cance ablest and applied phenoming, it is known releasant on an ow brough face-to-face with a direct end difficult challenge how to design classroom instruction that effectively addresses individual students' perconceptions and changes their concepts to scientifically accurate understandings.

Some researchers (Anderson & Smith, 1983; Osborne & Freyberg, 1985; Roth, 1987b, Rogan, 1988) have convincingly demonstrated that young students can indeed be helped to construct accurate conceptions. Many of these successful experiments

### Study 5

#### An Investigation of the Value of Using Concept Maps in General Chemistry

Gayle Nicoll,"! Joseph Francisco, and Mary Nakhleh Department of Chemistry, Pardon University, West Lafayette, IN: 47907; "nicol8@home.

has traditionally been very hard for Porticipon

admix to substratud. Several people have strabuled this files by instantical, the of mancrisubs between marger rar (1). For instance, chemistry turbuoks are traditionally dividing in units, which are further divided into shapers. Bithe this holgs to organize the material from a strabulo objective, it may also hamper students conservison and other learning, fushed, averall popel have noutd and early objective constant areas (5). Gamper maps have been proposed as a means to facility of the contextulue between constant areas (5).

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a part of their homework anignments and qu worked in groups during excitations to contrary "Current uddress: Department of Chemistry, Handhon Hall, withy al Nebrusha, Incole, NE. 68583.

# What is a Meta-analysis?

Meta-analysis is a specific type of a **systematic review**.

Meta-analysis uses a **statistical** technique for combining the results of studies.

Meta-analysis can be viewed as "conducting research about research."

# **Concept Map of Meta-analysis**



### Meta-Analysis by Freeman et al. (2014)

CrossMark

### Active learning increases student performance in science, engineering, and mathematics

Scott Freeman<sup>a,1</sup>, Sarah L. Eddy<sup>a</sup>, Miles McDonough<sup>a</sup>, Michelle K. Smith<sup>b</sup>, Nnadozie Okoroafor<sup>a</sup>, Hannah Jordt<sup>a</sup>, and Mary Pat Wenderoth<sup>a</sup>

'Department of Biology, University of Washington, Seattle, WA 98195; and <sup>b</sup>School of Biology and Ecology, University of Maine, Orono, ME 04469

Edited\* by Bruce Alberts, University of California, San Francisco, CA, and approved April 15, 2014 (received for review October 8, 2013)

To test the hypothesis that lecturing maximizes learning and course performance, we metaanalyzed 225 studies that reported data on examination scores or failure rates when comparing student performance in undergraduate science, technology, engineering, and mathematics (STEM) courses under traditional lecturing versus active learning. The effect sizes indicate that on average, student performance on examinations and concept inventories increased by 0.47 SDs under active learning (n = 158 studies), and that the odds ratio for failing was 1.95 under traditional lecturing (n = 67 studies). These results indicate that average examination scores improved by about 6% in active learning sections, and that students in classes with traditional lecturing were 1.5 times more likely to fail than were students in classes with active learning. Heterogeneity analyses indicated that both results hold across the STEM disciplines, that active learning increases scores on concept inventories more than on course examinations, and that active learning appears effective across all class sizes-although the greatest effects are in small ( $n \le 50$ ) classes. Trim and fill analyses and fail-safe n calculations suggest that the results are not due to publication bias. The results also appear robust to variation in the methodological rigor of the included studies, based on the quality of controls over student quality and instructor identity. This is the largest and most comprehensive metaanalysis of undergraduate STEM education published to date. The results raise questions about the continued use of traditional lecturing as a control in research studies, and support active learning as the preferred, empirically validated teaching practice in regular classrooms.

SANG

constructivism  $\mid$  undergraduate education  $\mid$  evidence-based teaching  $\mid$  scientific teaching

Lecturing has been the predominant mode of instruction since universities were founded in Western Europe over 900 y ago (1). Although theories of learning that emphasize the need for students to construct their own understanding have challenged the theoretical underpinnings of the traditional, instructorfocused, "teaching by telling" approach (2, 3), to date there has been no quantitative analysis of how constructivist versus exposition-centered methods impact student performance in undegraduate courses across the science, technology, engineering, and mathematics (STEM) disciplines. In the STEM classroom, should we ask or should we tell?

Addressing this question is essential if scientists are committed to teaching based on evidence rather than tradition (4). The answer could also be part of a solution to the "pipeline problem" that some countries are experiencing in STEM deducation: For example, the observation that less than 40% of US students who enter university with an interest in STEM, and just 20% of STEM-interested underrepresented minority students, finish with a STEM degree (5).

To test the efficacy of constructivity versus exposition-centered course designs, we focused on the design of class sessions—as opposed to laboratorice, homework assignments, or other exercises. More specifically, we compared the results of experiments that documented student performance in courses with at least some active learning versus traditional lecturing, by metaanabying

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225 studies in the published and unpublished literature. The active learning intervention sand included approaches as diverse as occasional group problem-solving, worksheets or tutorials completed during class, use of personal response systems with or without peer instruction, and studio or workshop course designs. We followed guidelines for best practice in quantitative reviews (SI Materials and Mehode), and evaluated student performance using two outcome variables: (i) scores on identical or formally equivalent examinations, concept inventories, or other assessments; or (ii) failure rates, usually measured as the percentage of students receiving a D or F grade or withdrawing from the course in question (DFW rate).

The analysis, then, focused on two related questions. Does active learning boost examination scores? Does it lower failure rates?

#### Results

The overall mean effect size for performance on identical or equivalent examinations, concept inventories, and other assessments was a weighted standardized mean difference of 0.47 (Z = 9.78, P < 0.001)—meaning that on average, student performance increased by just under half a SD with active learning compared with lecturing. The overall mean effect size for failure rate was an odds ratio of 1.5% (Z = 104, P < 0.001). This odds ratio of 1.5% (Z = 104, P < 0.001). This odds ratio for size for failure rate was an odds ratio of 1.5% (Z = 104, P < 0.001). This odds ratio failure structures are 1.5 times more likely to fail than students in courses with active learning. Average failure rates were 21.5% under active learning but 33.5% under taditional lecture cancer show the structures a 55% increase ( $\Gamma_{\rm FL}$  and  $\Gamma_{\rm FL}$  5.1).

#### Significance

The President's Council of Advisors on Science and Technology has called for a 33% increase in the number of science, technology, engineering, and mathematics (STEM) bachelor's degrees completed per year and recommended adoption of empirically volitated teaching practices as critical to adhieving that goal. The studies analyzed here document that active learning leads to increases in examination performance that would raise average grades by a half a letter, and that failure rates under traditional lecturing increase by 55% over the rates observed under active learning. The analysis supports theory claiming that calls to increase the number of students receiving STEM degrees could be answered, at least in part, by abandoning traditional lecturing in favor of active learning.

Author contributions: S.F. and M.P.W. designed research; S.F., M.M., M.K.S., N.O., H.J., and M.P.W. performed research; S.F. and S.L.E. analyzed data; and S.F., S.L.E., M.M., M.K.S., N.O., H.J., and M.P.W. wrote the paper.

The authors declare no conflict of interest. \*This Direct Submission article had a prearranged editor.

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See Commentary on page 8319. <sup>1</sup>To whom correspondence should be addressed. E-mail: srf991@u.washington.edu. This article contains supporting information online at www.pnas.org/lookup/tuppl&doi:10 10/22/one 11/20/01111/J/DC/commentation

www.pnas.org/cgi/doi/10.1073/pnas.1319030111

### Cited by 1141

Meta-analyzed 225 studies that reported data on exam scores and failure rates in undergraduate STEM courses (traditional lecture vs active learning).

Two fundamental results:

- Students in traditional classes have lower grades (1/2 SD).
- Students in traditional lecture sections were 1.5 times more likely to fail.

Freeman, S., Eddy, S. L., McDonough, M., Smith, M. K., Okoroafor, N., Jordt, H., & Wenderoth, M. P. (2014). Active learning increases student performance in science, engineering, and mathematics. Proceedings of the National Academy of Sciences, 111(23), 8410-8415.

### **Failure Rates**



67 studies reported failure rate data

Average failure rate 21.8% active learning 33.8% traditional lecture

Risk ratio = 1.5

Students in lecture are 1.5x more likely to fail

### **Effect Sizes by Discipline**



### **Class Size**



Poll Question: Which of the following can you conclude from this graph?

- **A.** Active learning is more effective in small classes
- **B.** Active learning is more effective in large classes
- C. Active learning is equally effective in small and large classes

### **Assessment Type**



## **Cooperative Learning in Chemistry**



Meta-analyzed 25 studies that investigate the effectiveness of CL in chemistry.

*ES* = 0.68

Median student performance in a CL group would be at the 75th percentile when compared to that of a student in a traditional group performing at the 50th percentile.

# **PLTL in Chemistry**

Study name	Outcome	Statistics for each study				Hedges's g and 95% Cl			
		Hedges's g	Lower limit	Upper limit					
Akinyele, 2010	Achievement	0.720	0.282	1.158			-		
Baez-Galib et al., 2015	Passing	0.367	0.240	0.494					
Chan & Bauer, 2015	Achievement	0.530	0.163	0.897			_ <b> </b> −•	∎	
Hockings et al., 2008	Passing	0.217	0.080	0.354					
Lewis & Lewis, 2005	Achievement	0.381	0.096	0.666				-	
Lewis & Lewis, 2008	Achievement	0.147	0.020	0.273					
Lewis, 2011	Achievement	0.306	0.207	0.405					
Lyon & Lagowski, 2008	Achievement	0.414	-0.259	1.087				⊢	
McCreary et al., 2006	Achievement	0.374	-0.084	0.832					
Mtchell et al., 2012	Passing	0.081	-0.157	0.319					
Rein & Brookes, 2015	Achievement	-0.003	-0.166	0.159			-		
Shields et al., 2012	Achievement	0.811	0.533	1.090				-₩	
Steward et al., 2007	Passing	0.372	0.155	0.589				-	
Tenney & Houck, 2003	Passing	0.239	-0.104	0.583			+∎-	-	
Tien et al., 2002	Achievement	0.632	0.537	0.727					
Wamser, 2006	Passing	0.529	0.420	0.638					
		0.365	0.250	0.480					
					-2.00	-1.00	0.00	1.00	2.00
					F	Favours Control Favours Treatment			

### **Organic Chemistry**

Leontyev, A., Chase, A., Pulos, S., & Varma-Nelson, P. (2017). *Assessment of the Effectiveness of Instructional Interventions Using a Comprehensive Meta-Analysis Package* in Gupta, T. (Ed), Computer-Aided Data Analysis in Chemical Education Research (CADACER) Advances and Avenues. ACS<sup>20</sup> Symposium book. Accepted.

# **Funnel plot**

# Symmetric

### Asymmetric



# Where are small, non-significant studies?



File drawer effect

### VISIBLE LEARNING A SYNTHESIS OF OVER 800 META-ANALYSES RELATING TO ACHIEVEMENT



## **Effect sizes interpretation**



Hattie, J. (2009). Visible learning: A synthesis of over 800 meta-analyses relating to achievement. New York: Routledge.

### **The Muddiest Point**

### most surprising What was the muddiest point in this lecture?

### Answer the question on 3x5 cards in 2-3 sentences. Do not write your names.

